Association for Humanitarian Development (AHD)

A step towards sustainable development

Safe and clean drinking water for 50,000 families till 2018

Socio Economic Empowerment of Rural Women

Green Pakistan by planting trees and installation of FES cooking stove

Skills Development Training for Rural Women

Annual Report 2016
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STRATEGIC COMMITMENTS

Impartiality
We maintain impartiality in the selection of our staff. The selection of our beneficiaries will be on a purely needs basis and not based on race, religion and political affiliation.

Integrity, Professionalism and High Standards of Practice
We maintain a workforce that will adhere to basic moral and ethical principles. We base our work on internationally accepted standards.

Continuous Improvement (of processes, systems and staff development)
We monitor and evaluate our work in order to improve upon our past experiences and provide better humanitarian services as we progress.

Complementary Partnership
We aim to work as much as possible with local partners on the field, enhancing complementary factors between both parties. In and beyond the field, we will work with partners who are responsible, transparent and accountable in accordance with our Principals of Partnership.

Consultative and Participatory
We consult with our beneficiaries and staff and include their feedback into project plans to ensure holistic results.

Ethical Reporting
We maintain the confidentiality of our stakeholders, especially beneficiaries, at all times.

Transparency and Information Provision
We are transparent in sharing information such as financial statements, Humanitarian Accountability Framework, organizational vision, mission, core values and commitments to all stakeholders.

Listening and Responding
We encourage feedback from our stakeholders through our Complaints Response Mechanism and we will be responsive to such feedback. Our response will also include evaluating the feedback to ensure continuous improvement.

Quality Management and Quality Assurance
We continuously review our work and learn from our mistakes and apply our lessons learnt as we progress.

Financial Stewardship
We promote good stewardship of our financial resources and will be transparent about our expenditures.
We have had the pleasure of working with AHD Pakistan during the last few years. AHD has played a valuable and important role in providing its assessment and support for our common projects and its beneficiaries. We would like to express our sincere appreciation for the professional performance and service displayed in the discharge of their duties. We are very pleased with AHD at every step of our cooperation.

AHD activities regarding sustainable solutions & Renewable Energy projects aimed to provide individual and institutional beneficiaries with access to safe drinking water, sustainable smoke free cooking technology for women, health and organic agriculture, disaster mitigation, disaster relief, wash, renewable, modern solar energy sources in order to support endemic poverty eradication, strengthen communities resilience, improve quality of life and expand socio-economic development options of the local populations in rural Pakistan. AHD proved to be very valuable for rural communities’ helping them towards total human development.

AHD's WASH projects support rural communities in Sindh province affected by flooding by providing access to sustainable and clean water for drinking, cooking, personal hygiene and domestic use. The projects included both AIDPOL water purification systems and AHD's Nadi Filters. Provision of clean water sources was necessary to enable the communities to live with good health, dignity, comfort and security.

We've had a pleasure working with AHD, and we feel proud to have a such a wonderful, reliable and professional partner. We sincerely appreciate AHD's role for our company and we wish to keep up the good work in the future too. We also express our willingness to continue our fruitful cooperation with possible new projects. We assure AHD of our full cooperation for WASH, Solar Light, Mother & Child health projects and many more in future.

Alina Pelka
Vice-President & Humanitarian Assistance Director
AIDPOL
Warsaw, Poland
Pakistan faces many hurdles on the road to development. From human rights to health, from Justice to unemployment there are a number of issues which need to be resolved. But perhaps the most pressing are those of human rights. They are what give people the dignity of life. For parents living in disaster and deprivation the first thing they want for their children in food and shelter, next on their list is livelihood. AHD has been on the forefront of humanitarian development for more than 15 years now. Food, Shelter, Livelihood, Health, Education and Women’s empowerment are amongst its priority focuses. I believe one of the reasons for this organizations International success is that their solutions are simple, sustainable and user friendly. Instead of high cost, high maintenance solutions which may look impressive on paper but are impractical in reality. Take for example, their Nadi filter. The user can build it at home, monitor its efficiency and make repairs themselves. Till now more than 360,000 people have access to safe drinking water due to this initiative. Fuel Efficient Cooking stove promoted in more than 38,000 families till Dec 2016 and about 190,000kg wood is been saved on daily basis to tackle climate change which leads to mass flooding in Sindh, AHD alone has planted more than 100,000 fruit trees & 500,000 forest trees during 2008-2016. That is truly remarkable. Their achievements in disaster relief & rehabilitation, education, women’s empowerment and health are similarly impressive, as you will read in the coming chapters of this report.

One of our most proud achievements of this year passed has been the Global Energy Award for Top Ranked position by Global Giving for AHDs initiatives in drinking water. This award will help in provide even more families with these benefits.

When the opportunity arose for me to be a part of this amazing team, I was quick to take it. In over 15 years of my own experience in working on WATSAN issues, I recognized the Nadi filter to be a game changer. I had tested the filter extensively during its initial years and kept monitoring its use, each time it showed positive results. It gives me great pride now to represent AHD as we continue to improve upon this and also on solutions in our key areas of work. We aim on expanding our help to the provinces of KPK and Punjab this year. And multiplying and replicating our work to reach marginalized communities all over Pakistan. With the help of our Partners and Volunteers we wish to bring sustainable development to everyone. Mother Teresa once said “none of us, including me, ever do great things. But we can all do small things, with great love, and together we can do something wonderful” I hope that you all will join us and strengthen us so we can achieve our dreams of reaching to everyone in need, as we expand our programs towards KPK and Punjab, so that together we can also do something wonderful.

Dr. Sheherzad Akhtar, Ph.D
Provincial Director
Punjab & KPK
AHD.
An Introduction to AHD

Association for Humanitarian Development (AHD) is a social community based organization that was established in December 2001-2002 and registered under the societies Registration Act: XXI of 1860 on 17 May 2003. AHD is Non-Government Organization which organizes Humanitarian Development activities in Pakistan. AHD emphasize a right based, participatory approaches for community development, where rural people especially women and disadvantaged groups are partners rather than the subjects and objects of development. Since 2003-2004 AHD introduced a number of village solutions like FES Cooking stove, safe drinking Nadi filter water units, kitchen gardening for rural women & Organic/natural agriculture for farmers.

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<th>Promotion of self-help activities through capacity building among the vulnerable/poverty stricken communities towards sustainable development.</th>
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<td>Vision</td>
<td>To bring peace, justice, unity and harmony for all and to ensure availability of food and equal distribution of natural resources among the Marginalized communities</td>
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<td>Mission</td>
<td>Mobilizing and motivation vulnerable people through different programs and projects, moving them towards sustainable development</td>
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<td>Tools</td>
<td>Door to door visits, Awareness Workshops, Seminars, Meetings, Exposures and Registration of SHG/CBO/CCB etc</td>
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<td>Main Objective</td>
<td>The main objective of the AHD is to work for the PEACE, JUSTICE, HARMONY and equality through the participation of most disadvantaged and marginalized communities for the sustainability as a whole Community Participation</td>
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Organizational Objectives

The association will create awareness among the poor people in the fields of education, living condition, health care, rehabilitation of disabled, agriculture and socio-economic areas purely on charitable basis within the limits of the resources available.

- To promote self-help activities enabling communities to better assess their needs and solve their problems themselves.
- The association will conduct seminars, workshops, exposure visits, training programs for the marginalized communities.
- The association will support communities in building their capacities for increasing the agricultural production and quality rational goods their by improving the bargaining power of their produce with comparatively better economic return.
- The association will conduct research in the areas of low income group households generally and its socio-economic.
- The association will organize and/or manage permanent and temporary hospital, basic health care centre, mother and child health (MCH) centres, centers of disabled children, mobiles dispensaries, research foundations and other projects.
- Integration of disabled persons in community life to accept, respect, feel comfortable with, assist, welcome into their lives and provide equal opportunities in public facilities.
- The association will raise funds by mean of subscriptions, donations and other financial contributions for the attainment of the above objects and to provide and arrange for adequate maintenance of the accounts of the association.
- The association will raise funds by means of development consultancies running development academy and through other legal and justifiable means for the attainment of the above aims and objectives of the association.
- The association will raise funds nationally and internationally in pursuance of AHD objectives.
- When necessary hire services, grant and pay sum of any person as remuneration for services to the association.
- The association will establish close contacts to Gos, NGOs and other related research institutions to promote social development awareness among underprivileged communities.
- The association will help in the implementation of emergency relief in the event of natural and man make calamities and disasters.
- The association will do any acts and or engage in any or all other useful activities, which may be incidental or complementary to or useful in connection with carrying out the objectives of the association.
- The association will initiate participatory process of village development through supporting community-based organizations and strengthens to become effective and sustainable entities in the design, implementation and management.
- Association shall be run on non-profit, non-commercial and non-religious basis.
- The association shall confine its activities only to its objectives as set forth in the Memorandum of Association and income and property from whatever source derived shall be solely towards the promoting its objectives and no portion shall be paid by whereof dividend profit, bonus to any member, office bearer or otherwise, violation of this condition shall the personnel responsibility of the bearers of Association and the members concerned.
- The promoters of the Association shall not be paid employees of the Association and also be paid employees in any manner.
1. Safe drinking water for all
2. Climate Change and DRR
3. Livelihood and food security
4. Low Cost Shelter
5. Women’s Empowerment
6. Relief and Rehabilitation
7. Education
8. Health and Hygiene
SAFE DRINKING WATER FOR ALL

The project was initiated with the major objective of using limited available resources, particularly commonly used mud pots for water storage (such as; Nadi) in rural households for filtration that could sustain itself, without any external interventions. In support of this initiative, this project by following participatory approach, focuses on mobilization of communities, formation of community groups, construction, installation & maintenance of filter and follow-up trainings in use of the filter, safe water practices & hygiene and sanitation. The Post installation also includes monitoring and support from project staff for communities as required. It was seen that by involving a greater participation by men was more successful in promoting filters and in gaining greater access for women in communities.

Project involves following major components

- Identification and need assessment of local communities
- Mobilization and formation of community groups
- Training and awareness raising workshop
- Nadi filter installation (onsite) including Laboratory water purification test
- Specialized Trainings (Filter O&M, Health and Hygiene ToTs)
- Follow up and monitoring field visits

Nadi filters are financed by Misereor Germany, UNEP-APFED, ADP & Oxfam GB. Under this project AHD has installed more than 2400,500 Nadi filters during the past 10 years 2006-2016, providing life-sustaining water to more than 141,000 people, who are living in rural communities. Further AHD is working to install more 6,000 Nadi filter water units in 2016-2017 with CDP Department Govt. of Sindh and Global Giving, AHD will be successful at the end of 2017 with a total achievement of 30,000 Nadi filter units promotion or installation by poor communities for provision of safe and clean drinking water to more than 200,000 women, children and elderly.
Livelihood & Food Security

By empowering marginalized communities through organizing and investing in their capabilities thereby increasing their household's income and improved standard of living in the target area through:

- Capacity building of men and women CBOs Community Based organizations in far and scattered areas
- Awareness promotions and training workshops on women leadership
- Support of rural women regarding their entrepreneur ships skill enhancement
- Support for farmer and their training over food security in rural areas
- Creating opportunities for producing and consuming healthy organic food, fuel efficient cooking stoves and enterprise development skills
- Provision of vocational training to rural communities in Kitchen Gardening, goat rearing, sewing and Poultry Rearing, agriculture, sewing and skills
- Provision of essential tools and equipment to for the respective trades to practice the acquired skills
- Raising awareness of benefiting from skills for commercial purposes
Women Empowerment

It is AHD policy to form female CBOs at village / Mahalla level to strengthen their leadership at local level and provide opportunity for them to discuss their problems and find out solutions with the help of AHD Womens staff.

- **Searching Women Leadership**: Search of the women leaders at village & Mahala level via village CBOs as President/Vice President/Secretary and Treasurer of the CBOs (Community based organizations) that helps to promote leadership at local level.
- **Women Economic Development**: Program will start of saving schemes, entrepreneur & loan schemes for women, to help them to increase income at household level.
- **Women Skill Development**: The program will start of skill training centres, sewing & cutting, embroidery, beatification, handicraft and other local skills provision through different short courses in sewing and skill training centres.
- **Education**: Facilitate efforts to ensure equity and opportunity and increase awareness of diversity by providing and supporting programs, services, and research opportunities that focus on gender-related issues.
- **Advocacy**: Strengthen relationships across diverse women groups by providing programs, services, and trainings for women leaders.
Pakistan is an autonomous country that occupies a strategic location in South Asia, with a wide variety of landscapes. On the southern side, the country has a coastline border of 1046 km along the Arabian Sea and the Gulf of Oman while the northern side exhibits the awesome glaciated mountains that attract mountain climbers from all over the world.

The major portion of the Pakistani land is dry and barren, mainly because of the great variability in the climatic parameters. The major water resource of Pakistan is the melting snow from the Himalayan glaciers, as well the heavy monsoon rainfalls.

- Capacity building of drought hit communities through formation of 540 male and female self-help groups in coastal area of Sindh Pakistan.
- Plantation of 100,000 forest & fruit trees in coastal areas more than 5,000 families since 1999 to till a date.
- Facilitation of the training on AHD model cooking stove for women to have 50% decreases in wood Burning & about 36,000 families using FES cooking Stove and saving daily 180,000kg of wood from burning.
HEALTH & HYGINE

Enhancement in knowledge of people assisting to understand and develop good hygiene practices to prevent diseases and promote positive attitude towards good health practices by health and hygiene education in the poor communities of Pakistan. To make people self-reliant by mobilizing and educating them on the improvement of hygienic practices for safe sound and hygienic life:

- Capacity building of targeted communities
- Identification and prevention of health problems due to unhygienic behavior of the community associated with water and sanitation. Sensitize targeted population to the appropriate use and maintenance of facilities.
- Assisting people to understand and develop good hygienic practices for safe and sound health.
- To lower high-risk hygiene behavior by adoption of appropriate measures
- Promotion of health and hygiene education to lower high risks related to health, water borne diseases, decrease in maternal mortality rate & Child mortality rate, malnutrition, complications during pregnancy and access to basic health facilities to them.
- To mobilize and educate young girls, adult women for their personal hygiene in the rural areas
- Hygienic awareness and its replication from generation to generation
Education is the fundamental right of all human beings, and the only path to sustainable socio-economic development. Education promotes individual freedom, empowers people and is the most effective tool for upward social and economic mobility for the disadvantaged groups. In September 2000, world leaders adopted United Nations Millennium Declaration, consisting of 8 MDGs, Envisaged ensure that by 2015, all children complete good quality primary education.

- Since 2001 AHD working in rural areas to enrol young boys and girls in nearby Govt primary schools, community schools also opened in villages where lack of school or very far for the villagers.
- Advocacy and lobbying carried out to mobilize rural communities to send their children to Govt primary schools.
LOW COST SHELTER

Over millions of people have been affected cumulatively from monsoon flooding in Sindh since 2010, 2011, 2012 & 2015. House repair and reconstruction have been among the most immediate needs for recovery. However, INGOs & NGOs have been running projects for Shelter construction and till now thousands of families have been provided with low cost housing. But AHD believes in traditional low cost housing that can help them in hot temperature to live in. Below are the snaps of low cost traditional houses built by flood victims by the help of AHD roof kits provision. As the families made these houses by themselves in just PKR 12,500 to PKR 19,000 only, this is affordable and easy to provide on a large scale.
RELIEF & REHABILITATION

Relief & Rehabilitation is the Mandatory Program of AHD depending on emergency/natural disasters anywhere in Pakistan or depending upon funds availability.

AHD has been busy in 2010, & 2011 flood-victims support and rehabilitation, in 2010 AHD provided 10,768 families with food and non food items support & in 2011 AHD provided to 15770 families support with food and non-food items. Furthermore rehabilitation program started / going on in 500 families of Jati area and 3805 families of UC Dubi Shaheed Fazal.
EMPOWERING WOMEN THROUGH SKILL ENHANCEMENT IN TALUKA MADI, BADIN

Association for Humanitarian Development (AHD) has completed project “Empowering Rural Women through Skill Enhancement 300 Women of Taluka Matli” District Badin, with collaboration of Small Grants Ambassador Funds Program (SGAFP) from December 2015 to June 2016 at two union councils, UC Matli and UC Haji Sawan Taluka Matli District Badin. SGAFP /AHD joint initiative has brought a paradigm change in the targeted communities especially among 300 women beneficiaries of said project. Responsible behavior, participatory approaches and collective action for sustainable development has been observed in targeted communities. This Project has been completed successfully and all milestones have been completed with expected results.

150 Women have been skilled through kitchen gardening and 150 women in backyard poultry rearing skills trainings with provision of seed, tools and poultry chicks to 300 women beneficiaries. Same 300 women have enhanced their capacities regarding enterprise development skills. Two women enterprise groups (WEG) have been formed through democratic process one for kitchen gardening and one for backyard poultry is rearing beneficiaries with autonomous bodies and office bearers.

300 women have been trained in 5 days enterprise development trainings at 5 vocational training centers. 150 women beneficiaries have been trained in kitchen gardening and 150 women beneficiaries are trained in backyard poultry. Tool kits/inputs of kitchen gardening and backyard poultry also distributed among women beneficiaries. Baseline and end line surveys also completed with reports. Project opening ceremony, project ending ceremony and formation of two women enterprise groups also completed.

According to end line survey data average house hold income has been increased, mostly women have started kitchen gardening practices. In this context women have grow seasonal vegetables at house hold level specially (khareef) vegetables like lady fingers, bitter gourd, onion, potato, tomato, rupees 2000 to 35000 has been increased each house hold. Average monthly income of women beneficiaries have been
increased after kitchen gardening and poultry rearing interventions by AHD. Targeted 300 women were spending their free time in baseless activities but after intervention they were busy in income generation activities. Every house hold saves 1500 to 2000 rupees amount through vegetables and eggs purchasing. Trained women are contributing rupees 2500 to 3000 in house hold monthly income.

Provision of pure drinking water facilities and fuel efficient smokeless stoves etc. medical expenses also decrease after provision of pure drinking water and fuel efficient smokeless stoves. Every household is saving 5 kg fuel per day after construction of fuel efficient smokeless stoves. Estimated 1200 to 1500 kg wood is saved in 300 households after construction of fuel efficient cooking stoves. Health status of targeted communities is improving after the use of kitchen gardening organic vegetables. Health and hygiene conditions have been enhanced after informal gatherings about health & hygiene discussions with community. At least 60% children of targeted communities were not attending school but after AHD/SGAFP intervention they are thinking about importance of education, may be after summer vacation they will enrol their children in nearest government primary schools.

Sustainable agriculture practices also applied at local level after 5 days kitchen gardening trainings. Other women who were not the direct beneficiaries of this project also replicate the same model of development. Every women beneficiary have been saved rupees 500 to 700 in saving pool. Before the intervention of AHD/SGAFP targeted women have not sufficient knowledge of kitchen gardening but after getting five days comprehensive training on kitchen gardening women have improved knowledge of kitchen gardening.

Pure drinking water was major issue of targeted Communities, many water born disease were spreading such as gastro, diarrhoea hepatitis, and stomach issues. A heavy amount was spent in medical treatment especially children were not survive due to this dilemma. In this regard Association for Humanitarian development (AHD) provided clean drinking water to communities through installation of Nadi filters in 15 villages of both targeted union councils. The local community purchased the basic equipment’s of Nadi filter by their own resources and AHD provided them training of installation of Nadi filter plants. Now communities have easy access on pure drinking water.
Traditional stoves were creating a variety of problems for local women because it was very expensive and hazardous for women's health. The direct smoke of stoves was the basic reason of asthma and eye and skin disease so AHD provided smokeless fuel efficient stoves to 15 villages. In this context AHD provided one day technical support to communities and they have construct smoke efficient stoves by their own efforts.

Association for Humanitarian development (AHD) has been formed 15 saving groups in 15 villages of both targeted union councils of Taluka Matli District Badin. 300 beneficiaries of kitchen gardening and poultry rearing groups have submit their monthly savings to group leader on monthly bases. At least 50 rupees are submitted by every member on monthly basis. Very soon their saving accounts will be open in nearest commercial bank as their saved amount will be secure.
Achievements of the year 2016

1. Safe Drinking Water Through Nadi Filter

Bio-Sand Water Filters (BSF) is a technological adaptation of the centuries old slow sand filtration process. It is not a newly developed technology, several commercial and community-scale implementations exist in different countries. The largest use of BSF technology has been in the humanitarian arena. But in coastal areas of Sindh, it is first time to take such initiative at household level by AHD. Technology and method exist to bring improved water and sanitation practices to even the most remote areas. It's an affordable, sustainable household technology, proven to be very effective in improving the quality of water to make it safe for drinking, cooking, bathing, and cleaning.

The easy self-help Nadi drinking water filter, a bio-filter type, is unique in its simple design, assembly and cost. The filter consists of baked clay Nadi & Matka, sand & gravels of different mesh sizes and a rubber or plastic tube. The step-wise details of procedure for its construction/assembly are given in The material required to construct it, keep it functional and maintained are easily accessible in a rural setting. The effectiveness of the Nadi filter unit is very evident from the colour, taste & transparency of the water filtered through it, as well as the laboratory reports of bacteriological examination of the filtered water samples.

1730 units of Nadi filter were installed and trainings were conducted in more than 59 villages of UC Dubi, Hajji sawan, Tharii and Budho Qambrani under community development program CDP planning and development department (P&DD) Government of Sindh. Furthermore clean drinking water units were installed in UC Haji Sawan and UC Matli during empowering rural women through skill enhancement of 300 rural women of Taluka Matli District Badin Sindh.

2. Livelihood And Food Security

Vulnerable villages through village women CBOs and the AHD women team targeting most poor villages and giving trainings at their village/household level and about 36,000 Women learn and prepared FES Cooking stove at household level and now able to construct FES Cooking at any time if broken.

The women and men enjoying new constructed Fuel Efficient Cooking stove in villages as it gives safe environment to women to cook two dishes in one time and throw smoke outside their kitchen place, reduces 50% wood and is 100% smoke free and keeps kitchen clean,
Women have extra time to give care to children and family and stay more healthy then before the FES Cooking Stove is reducing wood consumption and save tree as it saves about 05 kg wood at one family on daily bases, it will be 180,000 daily basis and 65,700,000 annually. Which is about 1,642,500 mounds and approximately 82,125 Tons of wood annually and if we construct 100,000 cooking stoves that means we will save approximately 228,125 Tons of wood annually Which is about 1,642,500 mounds and

Approximately 82,125 Tons of wood annually and if we construct 100,000 cooking stoves that means we will save approximately 228,125 Tons of wood annually

Besides reducing work load on women it also saves them from the smoke they were inhaling during the use of traditional cooking stove

Now THE TIME TO HELP / DONATE to this project to save environment of Pakistan, AHD FES Cooking will also contributing to save tree and environment as well as CO2 gas emissions and to help poor communities as well as MAKE GREEN PAKISTAN by planting trees and making cooking stoves in rural areas.

AHD Model cooking stove for women have been installed and are in use by 1365 families in UCs of Matli -1, Hajji sawan and UC Dubi during community development program CDP planning and development department (P&DD) Government of Sindh and empowering rural women through skill enhancement of 300 rural women of Taluka Matli

3. Women Empowerment

AHD policy is to form female CBOs at village / Mahalla level to strengthen their leadership at local level and provide opportunity for there to discuss their problems and find out solutions with the help Of AHD women staff.

Searching Women Leadership: Searching of the women leaders at village & Mahalla level via village CBOs as President/Vice President/Secretary and Treasurer of the CBOs (Community based organizations) that helps to promote leadership at local level

Women Economic Development: Program will start of saving schemes, entrepreneur & loan schemes for women, to help them to increase income at household level.

Women Skill Development: The program will start of skill training centers, sewing & cutting, embroidery, beatiication, handicraft and other local skills provision through different short courses in sewing and skill training centers.

4. Education

Facilitate efforts to ensure equity and opportunity and increase awareness of diversity by providing and supporting programs, services, and research opportunities that focus on gender-related issues.

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5 Advocacy

Strengthen relationships across diverse women groups by providing programs, services, and trainings for women leaders.

6. Poultry Management

Poultry distributed among 150 rural women of 15 villages of UC Haji Sawan and UC Matli district Badin during “Empowering rural women through skill enhancement of 300 rural women of Taluka Matli District Badin Sindh Project”. 24 (20 female and 4 male Chicks) distributed among each women. In this context 5 days training on backyard poultry also conducted at vocation in targeted villages with collaboration of poultry production and Research department Government of Sindh.

7. Kitchen Gardening

5 days training on kitchen gardening conducted in targeted 15 villages for 150 rural women beneficiaries with collaboration of Sindh Agriculture University Tando Jam under “Empowering rural women through skill enhancement of 300 rural women of Taluka Matli District Badin Sindh Project” after the completion of kitchen gardening training kitchen gardening tools and inputs also distributed among 150 women beneficiaries.

8. Enrolment of Young Girls in Public Schools

AHD team enrolled 190 young girls in nearest middle and high schools with parents counselling. Before this situation parents did not agree to send their young girls to schools because of cultural barriers and poverty. AHD team sensitized to parents about the importance of education especially girls education, in resulting parents agreed to enrolled their young girls education at nearest government schools. Currently 190 girls also going to schools and this ration will be increased in next year.

9. Establishment Of Skill Development Centers For Women

AHD established two skill development centres for women at Sikndarabad, Kotri District Jamshoro and Kali mori District Hyderabad. Both centres establish for enhanced sewing skills among 40 women and girls of local areas. Two lady instructors also hired for teach local women about basic sewing and cutting skills. Local community provided raw material and space for centres therefore AHD provide them sewing machines with lady instructor.
10. Medical Camps

Medical camps for 2000 families were arranged in Jati, and Tando Muhammad Khan areas with collaboration of District Health Office (DHO) Government of Sindh. In this regard specialist doctors of Pediatrics, gynecologist, dermatologist, and general physicians were provided medical consultation to poorest patients without any cost. During medical camps free medicines also provided to 12600 patients.

AHD has been working in rural communities since May 19, 1999 during the cyclone hit costal area of Thatta & Badin. The cyclone knocked more than 300 villages scattered in the entire coastal zone of Thatta, Sujawal and Badin districts, sweeping makeshift shelters, in which 450 people were killed. At least 15000 houses were damaged by the stormy winds and high tides, pushing people to shift their families on different directions and stayed there for several days.

Through the devastating cyclone and sea intrusion AHD volunteers learn lesson to start climate change and disaster mitigation activities in coastal area of Jati district Thatta.

At present Pakistan facing global warming, consecutive disasters, floods, earthquake, cyclone and sea intrusion in coastal areas, the impact of global warming on Pakistan is huge.

11. Tree Plantation amongst 1350 Families

Tree plantation campaign was also successfully run through 1350 families support at costal belt of Arabian sea UC Kar Malik and UC Kothi Taluka Jati District Sujawal with collaboration of forestry department Government of Sindh. Said tree plants planted in the context of disaster risk reduction (DRR) and environmental protection context.
12. Low Cost Shelter

Low cost shelter project designed to protect the 6500 affected families of Uc Dubi & Khorwah of Taluka Shaheed Fazal Rahoo, Badin District by providing them low cost one room housing to bring them back to normal life as before floods, that they can secure their women & children as well as whole family in their own home.

AHD staff conducted follow-up visits to said villages and aware them about DRR adoption and mitigation strategies. AHD staff shared that shelters should be raised 1 feet alleviated from ground level and if possible villagers should construct protection wall around the village.

AHD Low Cost Shelter Model / Design
SUCCESS STORY OF ROBINA

ROBINA a, 43 years old lady, is the first ever women in her family in generations to register for any kind of training. She registered in a 5 days training of Backyard Poultry rearing amongst 150 trainees as part of the project of Empowering Rural Women through Skills Enhancement Robina, w/o Ali Ahmed, has been enrolled in poultry rearing training for 5 days at village Ahmedabad, Union Council Matli by AHD-USAID.

Robina lives in a village Saleh Soomro with her family with 5 members 3 daughter and husband and herself who have been living in the village for 50 years. She is a house wife. The main livelihood source of her family is livestock and labour. However when Association for Humanitarian Development project team started to implement the “Project: Empowering Rural Women through Skills Enhancement in 300” funded by Small Grants and Ambassador’s Fund Program in UC Matli, the project team conducted meeting with community in order to identify and select the prospective candidate from the village. The AHD teams were capacitated on mobilization skill, communication skill, and in other areas during a 5 days training so as they could reach out and engage such families such as Robina to persuade them to enrol their in Backyard Poultry Rearing Training in VTC Ahmedabad.

Ms Robina told AHD team that she has had a strong disaster history. In The 2000 earth quake shocks her homes infrastructure was damaged, again 2011 heavy rains shook her house and agriculture, while current drought had brought another story of grief and sorrow. Her husband is a skilled labourer who works to fulfil their food requirements but when he do not receives any wage they have to sleep without having a piece of bread to eat, where as the elders can manage their hunger unwillingly but their children cry causing more heartache and sorrow to the family. They were planning to move in other parts of Sindh province until the day a AHD-USAID team visited their village, they assessed the families conditions and registered their names for the SGAFP program.

She said “AHD-USAID started intervening in our village, they conducted FGD, we suggested few schemes to them for training. We asked them to arrange such type of training programs through which we could empower rural women through skill enhancement, especially for women of Taluka Matli district Badin Sindh. In order to receive maximum knowledge to face difficult situations and the sustainability of trainings should be prioritized. A few days later AHD-USAID team returned, they told us that they have designed various training programs for us. The first was Backyard poultry rearing training for 5 day, the themes of trainings were interesting, so I participated in trainings. Could you believe that we have made NADI FILTER in our village, we are using SAFETY COOKING STOVES, its training was outstanding, we were entitled to 24 Poultry free of charge just by participation after training of Enterprises Development Trainings of 04 days”.

Ms ROBINA says that due to the professional trainings and tips provided by the AHD-USAID she is capable to conduct trainings sessions herself. She usually calls our CBO meeting and discusses the training booklet with them, each member of our CBO participates in these meetings. Infact not just only members of our CBO but the other villagers are benefited from discussions and training programs.

She says “We are looking forward to the AHD-USAID management for such fruitfull type of trainings”. And also she has started business at her home level through the Small Grants and Ambassador’s Fund Program (SGAFP)
SUCCESS STORY OF WOMEN EMPOWERMENT THROUGH POULTRY REARING

The Village Karamshi Kolhi is 14 km away from Matli city and consists of around 45 families as part of Haji Sawan Union Council of Taluka Matli of District Badin. Over 66% of the population there (30 families) are related to agriculture and the remaining are labourers.

When the SGAFP/USAID funded project “Empowerment of Rural Women through Skills Enhancement” began, our team at AHD were quick to choose this village as the recipient of this project. It is one of the worst affected areas in terms of livelihood and food security. There are also very bad health facilities in case of illness. The people of this area are hard working and were eager to raise themselves from the level of poverty they have been stuck in for decades.

The women of this area were particularly interested in learning a new trade, this was very encouraging for our team and 10 ladies were shortlisted for poultry rearing segments.

Shanti (33 years) W/o Wajji was one of them. She was given a detailed training concerning animal and human health, safe feed and environment for poultry, and how to take care of, and hatch chicks. She was given 24 chicks to take home, raise, multiply and sell.

She showed a sense of pride in this newly learned skill, and took her job seriously. On a follow up visit members of team AHD were highly impressed to see the shed she built herself to keep her hens and chicks and all of them were alive & healthy.

Now she gets 20 eggs per day & sells them once a week to near market & earn approx Rs.1400 per week. She is happy that now she not only contributes to the income of her household but can get better & healthy food for the family by the money she gets from selling eggs. Additionally she has planned to increase size of her poultry farm by adding more chicks into it to earn more in future to overcome socioeconomic & health issues.

Our team has instructed her, and will continue to help her in passing on this knowledge to other households, and encourage other women like Shanti to take control of their future by putting their hard work into skills which benefit them and their families. Her Success has brought her fame and respect in her community and changed the way the village elders and men think about women, and has made them realize that women can be a great asset to them when allowed and helped to flourish. She is training other women how to replicate her model and AHD will continue to support her and the other women of her area.
Partnerships

USAID
GlobalGiving
HelpAlliance
UNCCD
Pakistan Emergency Response Fund
Silicon Valley Community Foundation
APFED
MISEREOR
Lufthansa
IOM
SDPI
Global Consulate General Karachi
Tearfund
Oxfam
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<td>23.</td>
<td>WHO - Pakistan</td>
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<td>24.</td>
<td>Susan Design -</td>
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<td>WHO - Pakistan</td>
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<td>25.</td>
<td>Devcon-Rawalpindi</td>
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<td>Susan Design - Norway</td>
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## Annual Targets 2016 - 2020

### OBJECTIVES

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<tr>
<th>A: Safe drinking water &amp; Sanitation</th>
<th>Year 2016</th>
<th>Year 2017</th>
<th>Year 2018</th>
<th>Year 2019</th>
<th>Year 2020</th>
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<td>Solid waste management 50 villages</td>
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<td>seminars/workshops</td>
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<td>Tree plantation</td>
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<td>Rice crops seed 500 former</td>
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<td>Male CBO 200 villages</td>
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<td>800</td>
<td>900</td>
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<td>Solar Lights for rural families</td>
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<th>Year 2018</th>
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<td>Livestock for women(female goat kid)</td>
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<td>Female CBOs 200 Villages</td>
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<td>Low cost latrines</td>
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<th>E: Shelter / NFIs</th>
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<th>Year 2017</th>
<th>Year 2018</th>
<th>Year 2019</th>
<th>Year 2020</th>
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<td>Low cost shelter</td>
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<td>800</td>
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<td>1000</td>
<td>1100</td>
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<tr>
<td>NFIs / Health kits</td>
<td>2000</td>
<td>2500</td>
<td>3000</td>
<td>3500</td>
<td>4000</td>
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AHD Village Development Solutions Pictures

**Before**
- Carrying water for drinking purposes from hand pumps
- Traditional stove affects eyes, health and hygiene
- Traditional old houses in use
- Canal water is being used for drinking purposes
- Women group before

**After**
- Mrs. Jotol Chatan filling glass for water from Nadi filter
- AHD EES Cooking stove for rural women
- New house made by villagers
- Access to safe & clean drinking water Nadi filter
- Women group organized in WEP
AHD SWOT Analysis Feb 15th 2017

<table>
<thead>
<tr>
<th>Strength</th>
<th>Weaknesses</th>
<th>Opportunities</th>
<th>Threats</th>
</tr>
</thead>
</table>
| 1. AHD has skilled project team for different programs & projects  
2. AHD has its head office and 3 field office in Sindh, Punjab & KPK  
3. AHD has experiences at local & international level  
4. AHD know local languages and cultural values  
5. AHD has linkages with national and international organizations can help in fund raising and funding for different project  
6. AHD has vehicles and assets to run different projects | 1. limited funds  
2. Far & scattered working areas  
3. Difficult to retain trained & skilled staff due to lack of funds  
4. Limited cooperation for AHD sustainable solutions from national level  
5. Limited exposure for staff at international level | 1. opportunity to trained women and young girls and provide opportunities to new incomers  
2. to raise more funds nationally and internationally  
3. to find new partners  
4. To reach out more communities  
5. to cover women population in rural areas  
6. find young professional and young leaders | 1. Disasters in Pakistan  
2. Floods and cyclones in Pakistan  
3. Droughts in Tharparkar and desert areas  
4. Political involvements  
5. Cultural barriers |

SWOT analysis made by local staff during the AGB meeting on Feb 15, 2017 at AHD head office, about 07 BOD members and 23 staff shared their valuable inputs to prepare this document for Global Giving SWOT tool
Ending Poverty
Association for Humanitarian Development (AHD)

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